## **Hand Hygiene**



## **Procedure:**

- Turn on water at sink.
- Wet hands and wrists thoroughly.
- Apply soap to hands.
- Lather all surfaces of wrists, hands and fingers producing friction for at least 20 seconds, keeping hands lower than the elbows and the fingertips down.
- Clean fingernails by rubbing fingertips against palms of the opposite hand.
- Rinse all surfaces of wrists, hands and fingers, keeping hands lower than the elbows and the fingertips down.
- Use clean, dry paper towel/towels to turn off the faucet then dispose of paper towel/towels into waste container.
- Do not touch inside of sink at any time.